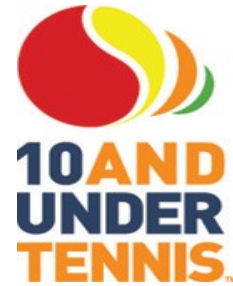




**Ascension
Genesys**
HEALTH CLUB

Youth Tennis

Launching Pad Tennis Tournament



February 22, 2019 6-8pm

Tennis, Snacks, Prizes, & More

- Tennis is a sport that gets kids moving; improves balance, agility, & hand-eye coordination
- Racquets are sized for small hands making them easier to grip and swing
- Courts are smaller so kids can cover them and have more success while playing
- Tennis balls bounce lower and move slower through the air, making them easier to hit
- Kids make new friends in a safe, supportive environment while having fun playing tennis
- Tennis teaches kids self-confidence and self-assurance
- The whole family can play tennis together - at the club, in the driveway, on the playground, etc.
- By getting your kids into the game, you open a door to a lifetime of enjoyment



Cost is \$20 per participant

Sign up required by Monday, February 18th

Contact Cris Frye at 810-606-7522 or Crisne.frye@ascension.org



Stay up to date with Ascension Genesys Health Club updates! Receive special offers and the latest information on all the programs and services you love "real time" on Facebook @AGHCfit and also stay in the loop by visiting us online at www.AscensionGenesysHealthClub.com!