



11 & Up Spring 2019 Session 1: March 4 - May 4 (8 weeks)

TEEN TENNIS

Monday 7:00–8:00 p.m. / Wednesday 7:00–8:00 p.m.

For players 11 years & older who are at the beginning level of tennis play. The emphasis will be on the fundamentals of the game which include stroke production, terminology, and scoring. Kids will learn to use basic footwork skills, refine ground strokes, change direction of the ball, move to the net, volley, score a tiebreak, and to know the rules of the game.

Member	1x per week: \$120.00	2x per week: \$204.00
Non-Member	1x per week: \$160.00	2x per week: \$272.00

MIDDLE SCHOOL TENNIS TRAINING

Tuesday 6:30–8:00 p.m. / Thursday 6:30–8:00 p.m.

For players who are in middle school (grades 6-8) who are new to the game or have had group lessons in the past. This class will explore and apply techniques and tactics for successful tennis play. This program is a stepping stone for our High School Tennis Training and High Performance Tennis Training programs. This program was formerly called Tournament Prep.

Member	1x per week: \$180.00	2x per week: \$306.00
Non-Member	1x per week: \$240.00	2x per week: \$408.00

HIGH SCHOOL TENNIS TRAINING

Monday 4:30-6:00 p.m. / Wednesday 4:30-6:00 p.m.

This program is for non-tournament players who are interested in becoming functional high school tennis players. Emphasis will be placed on skill development and game development. Students who wish to progress into a higher advanced class must demonstrate their commitment to tournament play (USTA or In-House Leagues) or play at a high level on their school team.

Member	1x per week: \$180.00	2x per week: \$306.00
Non-Member	1x per week: \$240.00	2x per week: \$408.00

HIGH PERFORMANCE TENNIS

Monday 6:00-8:00 p.m. / Wednesday 6:00-8:00 p.m.

This program is designed for players who are dedicated to playing high school tennis or are competing in USTA sanctioned tournaments. Age is not a determining factor for acceptance into this program. This class includes advance footwork, dynamic patterns of play, refined technique, and competitive point play. Players who play tournaments or play at a very high level on their school team. Players will be encouraged to play in USTA sanctioned tournaments or In-House Match Play and/or Leagues.

Member	1x per week: \$240.00	2x per week: \$408.00
Non-Member	1x per week: \$320.00	2x per week: \$544.00

- **ALL PROGRAMS MUST BE PAID FOR PRIOR TO THE FIRST DAY THE CLASS MEETS**
- **NOTE: NO MULTIPLE-CLASS DISCOUNTS GIVEN AFTER WEEK 1**
- **CLASSES WILL ONLY BE CANCELLED IF ASCENSION GENESYS HEALTH CLUB IS CLOSED.**
- **FOR INFORMATION OR TO REGISTER, CONTACT CRIS FRYE AT (810) 606-7522 or email her at Crisanne.frye@ascension.org**
- **To REGISTER online, visit gac.clubautomation.com, then select "Access My Account" to get started.**
- **Ascension Genesys Health Club is not responsible for lessons missed: NO REFUNDS OR CREDITS will be issued.**
- If an opening exists after the start date of a class, the program fee will be prorated.

