



# CLUB VIRTUAL

Access *virtually* anytime... anywhere... on any device.

**Club Virtual (CV)** is a fully immersive fitness experience showcasing our new **Club Virtual Studio (CV Studio)** and **FitnessOnDemand (FOD) App**.


Ascension Genesys Health Club's **CV Studio** offers members a unique, one of a kind, cinematic fitness experience. A private studio space, just for you — and a few of your closest friends!

In addition, we partnered with **Fitness On Demand** to provide our members with exclusive access to hundreds of on-demand workouts and classes. Plus! Members can join their favorite Ascension Genesys Health Club instructors for live streaming and on-demand fitness classes anywhere, on any device!

The **CV Studio** and **FitnessOnDemand (FOD) App** are included in your membership at no additional cost, but do require registration. Contact Group Fitness Manager, Amanda Moran at [amanda.moran@ascension.org](mailto:amanda.moran@ascension.org) for more information or...

## TO REGISTER!



 Stay up to date with Ascension Genesys Health Club updates! Receive special offers and the latest information on all the programs and services you love "real time" on Facebook @AGHCfit and also stay in the loop by visiting us online at [www.AscensionGenesysHealthClub.com](http://www.AscensionGenesysHealthClub.com)!



**Ascension  
Genesys**  
HEALTH CLUB