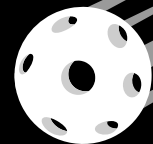
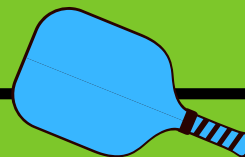


CLASSES BEGIN THE WEEK OF MARCH 18TH

# PICKLEBALL



## CLASSES



\*No Classes the week of March 25th\*

### Pickleball 101 for Beginners

**Mondays 11 am-12:30 OR 6-7:30 pm**

**Cost (9-week): \$180 for members / \$225 for non-members**

Players will be introduced to the fundamentals of pickleball that consist of: stroke techniques, singles and doubles basic strategies, serving, scoring, and positioning. We will accomplish these objectives through dead and live ball drills, point play, and actual game play. Pickleball is a great workout and social experience, come join the fun! Players must have their own pickleball paddle.

MAXIMUM 12 PLAYERS PER CLASS.

### Pickleball 102 for Intermediate Players

**Wednesdays from 11 am-12:30 OR 6-7:30 pm**

**Cost (9-week): \$180 for members / \$225 for non-members**

Building on the fundamentals from Pickleball 101, players will be exposed to strategies and tactics to refine their level of play. We will be looking at "dinking" from the non-volley zone as well as practicing and understanding how touch and power can complement each other. Players will begin to use the third shot drop to their advantage and will learn how the lob is used in defensive play. We will accomplish these objectives through dead ball, live ball, point play, and actual game play with coaching. Players must have their own pickleball paddle. MAXIMUM 12 PLAYERS PER CLASS.

### Pickleball 103 for Advanced Players

**Tuesdays from 6-7:30 pm**

**Cost (9-week): \$180 for members / \$225 for non-members**

Players enrolling in this class must show competencies in the following: Groundstrokes, serves and returns, volleys, dinks, lobs, overhead smash and drop shots. The instructor will make the evaluation if the student meets the requirements for the class. MAXIMUM 12 PLAYERS PER CLASS.

**REGISTER THROUGH THE MEMBER PORTAL. FOR MORE INFORMATION, CONTACT THE TENNIS MANAGER AT (810) 606-7555 OR EMAIL [DON.LEAVY@ASCENSION.ORG](mailto:DON.LEAVY@ASCENSION.ORG).**

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